

KICS HOT LUNCH MENU October 4th – 29th October

Monday	Tuesday	Wednesday	Thursday	Friday
4 SANDWICH (Ham, Chicken, Cheese, Tomatoes, Lettuce) Chips FRUIT - Banana	5 BEEF SAUCE MASHED POTATOES Greens FRUIT - Pineapple	6 MEXICAN TACO POTATO WEDGES VEGETABLES FRUIT-Banana	7 PIZZA(Cheese and Tomatoes) SALAD (Cucumber, Tomatoes and Onions) FRUIT – Pineapple	8 FISH SAUCE RICE with VEGETABLES FRUIT-Banana
11 SPAGHETTI MEATBALLS FRENCH BEANS and CARROTS FRUIT-Banana	12 CHIPS HUMBURGER SALAD(Sliced tomato and cucumber) CAKE	13 BEEF STROGANOFF RICE Carrots and French beans FRUIT-Banana	14 BURRITO (meat and beans) KACHUMBARI (relish) AVOCADO FRUIT-Pineapple	15 HALF DAY
18 RICE CHILI CON CARNE SALAD FRUIT-Banana	19 HALF DAY	20 HALF DAY	21 SPAGHETTI MEATBALLS VEGETABLES FRUIT-Pineapple	22 NO SCHOOL
25 NO SCHOOL	26 PILAU Mixed vegetables MIXED FRUITS	27 CHICKEN STEW CHAPATI Vegetables FRUIT - Banana	28 CHAPATI With LENTILS FRUIT – Pineapple	29 PIZZA MIXED SALAD (Cucumber, tomatoes, onion, vinegar) FRUIT-Banana

✂-----Detach and Return this section with payment.-----✂

Child's Name _____ Grade _____

Check "✓" or "X" the days your child will be eating hot lunch.

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
11	12	13	14	15 No lunch
18	19 No lunch	20 No lunch	21	22 No lunch
25 No lunch	26	27	28	29

ALL MEALS MUST BE PRE-ORDERED AND PRE-PAID FOR THE MONTH

Please complete one calendar per student

KG-Grade 2 Total number of lunches _____ x 1,200 = _____ RWF

Grade 3-6 Total number of lunches _____ x 1,500 = _____ RWF

Grade 7-12 Total number of lunches _____ x 1,900 = _____ RWF

_____ Receipt Requested