

KICS HOT LUNCH MENU January Menu

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL	Half Day No lunch	11 Chapati with Minced Meat and Vegetables Fruit: Pineapple	12 Beef Stew Mashed Potatoes Spinach Fruit: Banana	13 African Food: Meat Sauce, potatoes, Rice, Pumpkin, French Beans and Carrots Fruit: Pineapple
16 Meat and Beans Burrito Kachumbari and Avocado Lettuce And Tomato Salad Fruit	17 Pilau With Meat Mixed Vegetables Fruit: Banana	18 Cheese and Tomato Pizza Potato Wedges Lettuce and Tomato Salad Fruit: Pineapple	19 Spaghetti with Meat Balls French Beans and Carrots Fruit: Banana	20 NO SCHOOL
23 Taco Salad with Tortilla Chips, meat, beans, lettuce, tomato, cheese, avocado and taco sauce Fruit	24 Beef Sauce with Mashed Potatoes Spinach Fruit: Pineapple	25 Springrolls and Chips Vegetable Fruit: Banana	26 Samosas Vegetables Rice with tomato and green pepper sauce Fruit: pineapple	27 Chicken curry Rice French beans and carrots Fruit: Bananas
30 Beef Stroganoff with Chapati Dodo Fruit: Pineapple	31 Kebabs and chips Vegetable Fruit: Banana			

✂-----Detach and Return this section with payment.-----✂

Child's Name _____ Grade _____

Check "✓" or "X" the days your child will be eating hot lunch.

Monday	Tuesday	Wednesday	Thursday	Friday
	Half Day	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

ALL MEALS MUST BE PRE-ORDERED AND PRE-PAID FOR THE MONTH

Please complete one calendar per student

KG-Grade 2 Total number of lunches _____ x 1500 = _____ RWF

Grade 3-12 Total number of lunches _____ x 2000 = _____ RWF